

Ps 63:1-8



# THIRST

Thirst4:

The Fruit of The Spirit

My thoughts...

# The Fruit of The Holy Spirit



## Read

Psalms 43:4 NLT - “There I will go to the altar of God, **to God—the source of all my joy**. I will praise You with my harp, O God, my God!”

Luke 10:21 NIV - “At that time Jesus, **full of joy through the Holy Spirit**, said, “I praise you, Father, Lord of heaven and earth, because You have hidden these things from the wise and learned, and revealed them to little children. Yes, Father, for this is what You were pleased to do.”

Psalms 16:11 NKJV - You will show me the path of life; **In Your presence is fullness of joy**; at Your right hand are pleasures forevermore.

Psalms 51:11-12 - Do not cast me away from Your presence, And do not take Your Holy Spirit from me. **Restore to me the joy of Your salvation** and uphold me by Your generous Spirit.

## Questions

*What is the difference between happiness and joy?*

*Where does your source of joy come from?*



## Read

Romans 5:1 - <sup>1</sup>Therefore, since we have been made right in God’s sight by faith, **we have peace with God** because of what Jesus Christ our Lord has done for us.

John 14:27 NIV - <sup>27</sup>Peace I leave with you; **my peace I give you**. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

John 16:33 NLT - <sup>33</sup>I have told you all this so that **you may have peace in me**. Here on earth, you will have many trials and sorrows. But take heart, because I have overcome the world.”

Colossians 3:15 - <sup>15</sup>**Hold on to the peace of God** which is in your hearts. **You were called to have peace because you are all like one body**. Be thankful.

## Questions

*Is there peace between you and God?*

*How does having peace with God change how you view your relationship with God?*

*How does the peace Jesus promise us change how we view difficult times we may be facing?*

*How can we extend peace to those around us?*

# The Fruit of The Holy Spirit



## Patience



2 Peter 3:8-9 NLT - <sup>8</sup>But you must not forget this one thing, dear friends: A day is like a thousand years to the Lord, and a thousand years is like a day. <sup>9</sup>The Lord isn't really being slow about His promise, as some people think. No, **He is being patient for your sake**. He does not want anyone to be destroyed **but wants everyone to repent**.

### Read

Romans 2:4 NLT - <sup>4</sup>Don't you see how wonderfully kind, tolerant, and **patient God is with you**? Does this mean nothing to you? Can't you see that His kindness is intended to turn you from your sin?

Ephesians 4:2 NLT - <sup>2</sup>Always be humble and gentle. **Be patient with each other**, making allowance for each other's faults because of your love.

Colossians 3:13 NLT - <sup>13</sup>**Be patient with one another**. If anyone has a complaint against another, forgive that one. Christ forgave you. So you should forgive each other.

### Questions

*How has God been patient with you?*

*Thank about someone who you struggle to have patience with. What steps can you take to show them more patience?*



## Kindness



Titus 3:4-5 - <sup>4</sup>But—**When God our Savior revealed his kindness** and love, <sup>5</sup> He saved us, not because of the righteous things we had done, but because of His mercy. He washed away our sins, giving us a new birth and new life through the Holy Spirit.

### Read

Colossians 3:12 - <sup>12</sup>Since God chose you to be the holy people He loves, **you must clothe yourselves with** tender-hearted mercy, **kindness**, humility, gentleness, and patience.

Ephesians 2:7 - <sup>7</sup>So God can point to us in all future ages as examples of the incredible wealth of His grace and **kindness toward us**, as shown in all He has done for us who are united with Christ Jesus.

### Questions

*How has God shown His kindness to us?*

*What impact do you think showing others kindness has on their lives?*

*What role do you think kindness plays in spreading the good news of Jesus?*

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## Goodness



Psalm 34:8 NLT - <sup>8</sup>Taste and see that **the Lord is good**. Oh, the joys of those who take refuge in Him!

Matthew 5:16 NIV - <sup>16</sup>In the same way, let your light shine before others, **that they may see your good deeds** and glorify your Father in heaven.

### Read

2 Thessalonians 1:11 NIV - <sup>11</sup>With this in mind, we constantly pray for you, that our God may make you worthy of His calling, and that by His power He may bring to fruition your every **desire for goodness** and your every deed prompted by faith.

Galatians 6:9-10 NKJV - <sup>9</sup>And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart. <sup>10</sup>Therefore, as we have opportunity, **let us do good to all**, especially to those who are of the household of faith.

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*How has God been good to you?*

### Questions

*Goodness is closely related to kindness but is more focussed on our actions. What steps can you take to do good to all this week?*



## Faithfulness



Lamentations 3:22-23 NIV - <sup>22</sup>**The faithful love of the Lord never ends!** His mercies never cease. <sup>23</sup>**Great is His faithfulness;** His mercies begin afresh each morning.

### Read

1 John 1:9 NIV - <sup>9</sup>If we confess our sins, **He is faithful** and just and will forgive us our sins and purify us from all unrighteousness.

Matthew 25:21 NIV - <sup>21</sup>“His master replied, ‘**Well done, good and faithful servant! You have been faithful** with a few things; I will put you in charge of many things. Come and share your master’s happiness!’

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*What does being faithful to God mean to you?*

### Questions

*Are you always faithful to God?*

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# The Fruit of The Holy Spirit

## Gentleness



Read

Matthew 11:28-29 NLT - <sup>28</sup>Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. <sup>29</sup>Take my yoke upon you. Let me teach you, because **I am humble and gentle at heart**, and you will find rest for your souls.

Matthew 5:5 NIV - <sup>5</sup>**Blessed are the meek**, for they will inherit the earth. (Note: - Meekness can also mean gentleness)

Philippians 4:4-6 NIV - <sup>4</sup>Rejoice in the Lord always. I will say it again: rejoice! <sup>5</sup>**Let your gentleness be evident to all**. The Lord is near. <sup>6</sup>Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

Questions

*How does the world view gentleness?*

*Do you consider gentleness to be a strength or weakness? Why?*

*In what ways can you demonstrate gentleness in your life?*

## Self Control



Read

Proverbs 25:28 NLT <sup>28</sup>A person without **self-control** is like a city with broken-down walls.

2 Timothy 1:7 NLT - <sup>7</sup>For God has not given us a spirit of fear and timidity, but of power, love, and **self-discipline**.

2 Corinthians 10:5 - <sup>5</sup>We demolish arguments and every pretension that sets itself up against the knowledge of God, and **we take captive every thought to make it obedient to Christ**.

2 Peter 1:5-8 NIV - <sup>5</sup>For this very reason, **make every effort to add to your faith** goodness; and to goodness, knowledge; <sup>6</sup>and to knowledge, **self-control**; and to self-control, perseverance; and to perseverance, godliness; <sup>7</sup>and to godliness, mutual affection; and to mutual affection, love. <sup>8</sup>For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ.

Questions

*Self-control can be often hard. How are you truly doing in this area?*

## John 15: 1-8

<sup>1</sup> “I am the true vine, and my Father is the gardener. <sup>2</sup> He cuts off every branch in me that bears no fruit, while every branch that does bear fruit, He prunes so that it will be even more fruitful. <sup>3</sup> You are already clean because of the word I have spoken to you. <sup>4</sup> Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.

<sup>5</sup> “I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. <sup>6</sup> If you do not remain in me, you are like a branch that is thrown away and withers; such branches are picked up, thrown into the fire and burned. <sup>7</sup> If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you. <sup>8</sup> This is to my Father’s glory, that you bear much fruit, showing yourselves to be my disciples.

My thoughts...

