

Message Summary

We all have a voice we listen to. It guides what we do, where we go, and even what we eat. But if we're not careful, that voice can keep us stuck in unhealthy or unhelpful patterns. When we stay close to God, we're able to defeat the enemy by having a heart of humility and a vision for victory.

Key Scripture

David said to the Philistine, "You come against me with sword and spear and javelin, but I come against you in the name of the LORD Almighty, the God of the armies of Israel, whom you have defied.

This day the LORD will deliver you into my hands, and I'll strike you down and cut off your head. This very day I will give the carcasses of the Philistine army to the birds and the wild animals, and the whole world will know that there is a God in Israel.

All those gathered here will know that it is not by sword or spear that the LORD saves; for the battle is the LORD's, and he will give all of you into our hands."

1 Samuel 17:45-47 NIV

Additional Scriptures

- 1 Samuel 16:7 NKJV
- 1 Samuel 17:39-44 NIV

Start Talking

Find a conversation starter for your group.

- Share three words to describe who you are.

Start Thinking

Ask a question to get your group thinking.

- Think about the way you talk to yourself. Is it generally positive or negative? Why do you think that is?
- Read **1 Samuel 17:45-47**. How does your relationship with God prepare you for times of trial or hardship?

Start Sharing

Choose a question to create openness.

- Share about a time when you were trusted to steward something small. How did a posture of humility grow your faith?
- Is there an area of your life where you need God to move? How can you stay in the battle and call on God to help?

Start Praying

Heavenly Father, thank You for being with us in every season of life. We know the most influential conversations we'll have are with ourselves. We want to hear Your voice in our lives more than our own voice. Please help us to walk in step with You. In Jesus' name, amen.

Start Doing

- Stop letting lies hold you back. Learn how to start changing your thought life in this article: www.go2.lc/lies
- Start the *Winning the War in Your Mind* Bible Plan using Plans With Friends: www.go2.lc/war
- Consider how you could love others by serving on the weekend or with a Local Mission Partner.