

**Message Summary**

In a culture that is increasingly hostile toward Christianity, it can be tempting to compromise our core values. But when we trade our convictions for convenience, we risk losing what it means to be a Christian. We can choose to stand strong in who God calls us to be, regardless of what's happening in the world around us.

Key Scripture

But Daniel resolved not to defile himself with the royal food and wine, and he asked the chief official for permission not to defile himself this way.

Daniel 1:8 NIV

Additional Scriptures

- Daniel 1:1 NIV
- Daniel 2:28 NIV
- Daniel 1:3-7 NIV
- Ephesians 4:15 NLT
- Daniel 1:12-15 NIV
- Daniel 1:19 NIV

Find a conversation starter for your group.

- What's something you're passionate about?

Start Thinking

Ask a question to get your group thinking.

- Read **Daniel 1:8**. What do you think it means to be “undefiled”? How do you think this set Daniel apart from the other men?
- What are some ways our current culture might pull us away from who God calls us to be?

Start Sharing

Choose a question to create openness.

- Share about a time when you had to choose between your convictions and what was convenient. Which option did you choose, and what did you learn from that experience?
- Is there an area of your life where you're tempted to follow the world's influence? Talk about ways you can stay rooted in God's will.

Start Praying

Lord, thank You for being our refuge and our stronghold. We want to honor You in every area of our lives. Please help us to stand firm in who You have called us to be, and to love others well. In Jesus' name, amen.

Start Doing

- Find one way to prioritize your convictions this week. Be ready to talk about it with your LifeGroup the next time you meet.
- Start the Bible Plan *Strong Under Pressure: Wisdom From the Book of Daniel* using Plans With Friends: www.go2.lc/danielplan
- Consider how you could love others by serving on the weekend or with a Local Mission Partner.