

Week 2: Spiraling Up

Main Passage: 1 Peter 4:12–16

Starting Point

- What image or story from the message stayed with you most? Why?
- When have you felt like you hit a “wall” or had the wind knocked out of you in life?
- We talked about spiraling being a gift. What’s your first reaction to that idea?

Digging In

- Read 1 Peter 4:12–13. Why does Peter say we can rejoice in trials? What makes that so difficult to believe or apply?
- In this message, we learned “All of life is a spiral.” In what ways have you seen yourself go through seasons that repeat, circle back, or grow in layers?
- Think about the three truths shared. Which one feels most relevant to your current season? Why?
 1. **How near God is to you**
 2. **What God is producing in you**
 3. **What God is preparing to do through you**
- Read James 1:2–4. What kind of growth have you seen come out of a difficult season?
- How might the perspective of your roadblock being a stair and not a wall perspective reshape how you view your current challenges?

Living It Out

- Are there any trials or transitions in your life right now that you need to reframe as opportunities for growth?
- What label have you been tempted to put on this season—and what would it look like to replace it with truth?
- What’s one practical way you can “open your mouth wide” this week, expecting God to meet and fill you in your spiraling?