

PS 63:1-8



THIRST

LifeGroups | Disciples are Messengers

DISCIPLES ARE MESSENGERS



Month 4 Focus on Living, Sharing,
and Identifying Your ONE

The Journey Before Us Today



The Call.

Understanding
why we are sent.



The Life.

How our daily
actions speak first.



The Conversation.

Sharing truthfully
without the
awkwardness.



The ONE.

Our specific focal
point for this month.

THE CALL TO BE MESSENGERS

Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. — Matthew 28:19

Jesus calls disciples to be learners, followers, and ultimately, His messengers. If the goal of discipleship is to become like our teacher, and Jesus was a messenger sent to proclaim good news to the poor and liberty to the captives, then we are inherently called to do the same.

The Three Levels of Learning

Informational (Head)

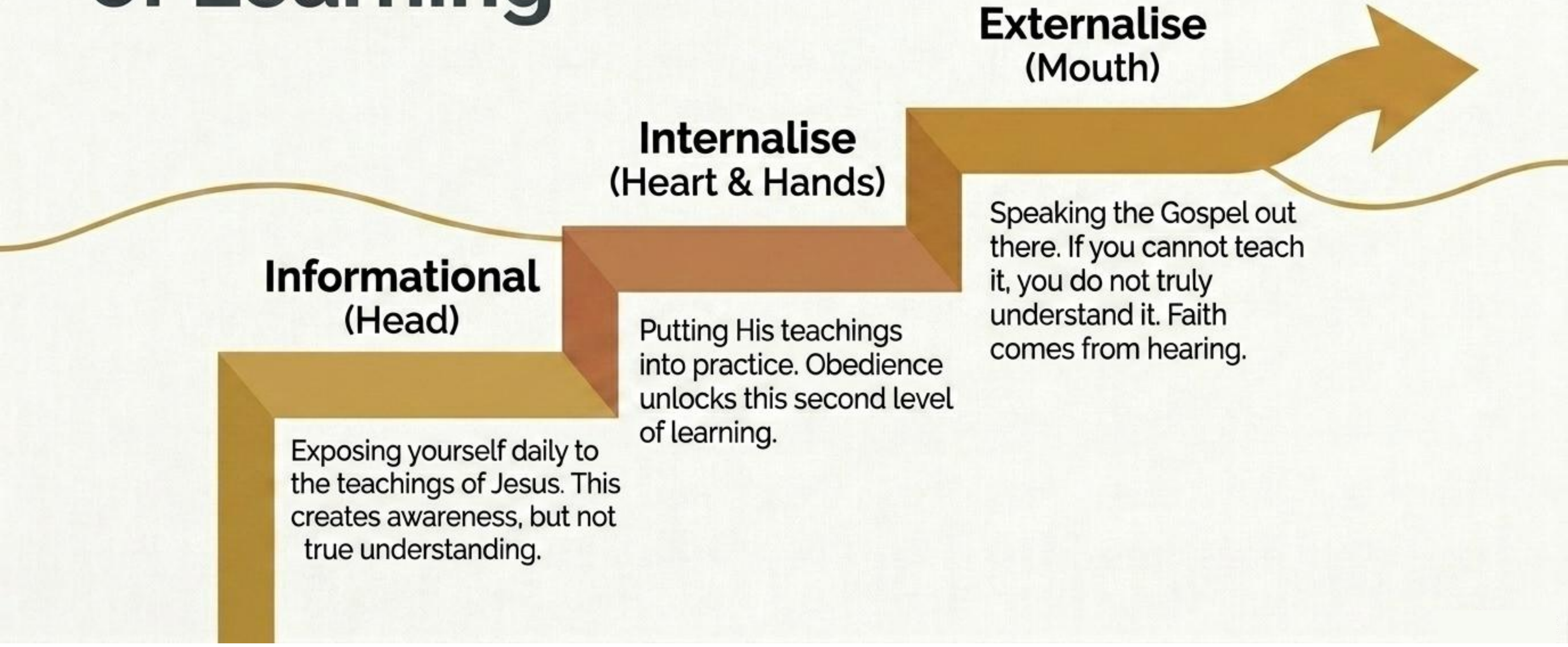
Exposing yourself daily to the teachings of Jesus. This creates awareness, but not true understanding.

Internalise (Heart & Hands)

Putting His teachings into practice. Obedience unlocks this second level of learning.

Externalise (Mouth)

Speaking the Gospel out there. If you cannot teach it, you do not truly understand it. Faith comes from hearing.



Internalising The Call



Discuss

Which of the three levels of learning (Informational, Internalise, Externalise) do you find the most challenging, and why?

How does knowing that Jesus was a messenger change the way you view your own calling?



Apply

Identify one specific teaching of Jesus this week that you need to move from the Informational level to the Internalise level through direct obedience.

LET YOUR LIFE SPEAK FIRST

Let your light shine before others, that they may see your good deeds and glorify your Father in heaven. — Matthew 5:16

Sharing your faith is less about talking louder and more about living clearly. Before your words ever enter the conversation, your daily life acts as the introduction.

The Anatomy of a Pre-Conversation

**Live
Visibly
Different**

Forgiving instead of holding grudges. Staying calm instead of exploding. Showing compassion in a harsh world.

**Wait for
the
Question**

Eventually, someone notices the peace and asks, How do you get through that? Why do you have such peace?

**Add the
Salt**

Referencing Colossians 4:6
Salt enhances flavour; it doesn't overwhelm the dish.
Respond naturally: Honestly, my faith helps me a lot. I pray and trust God.

Living Visibly Different



Discuss

When was the last time someone noticed a difference in how you handled a difficult situation?

Why is a lived experience of faith more powerful to an onlooker than a theological argument?



Apply

Choose one environment (work, home, school) to intentionally display a fruit of the spirit (such as patience or peace) this week, setting the stage for future conversations.

AUTHENTIC CONVERSATIONS

Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect. — 1 Peter 3:15

Jesus did not call us to win arguments, act as salespeople, or force decisions. He called us to bear witness. A witness simply tells the truth about what they have seen and experienced.

AUTHENTIC CONVERSATIONS

But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth. — Acts 1:8

Jesus did not call us to win arguments, act as salespeople, or force decisions. He called us to bear witness. A witness simply tells the truth about what they have seen and experienced.

Redefining How We Share

The Debater

Force a decision and win a theological argument

Deliver a rehearsed script or mini-sermon

Do all the talking and fix the other person

Take responsibility for changing the person's heart

The Witness

Share truth **authentically** and **bear witness to an experience**

Share a **genuine 3-part personal story** (Life before, Encounter, Life now)

Ask **open-ended questions** and **listen more than you speak** (James 1:19)

Trust God for the harvest, knowing we only plant and water (1 Cor 3:6)

Crafting Your Authentic Story



Discuss

Looking at the previous matrix, where have you accidentally fallen into the Debater/Salesperson mindset in the past?

How does knowing you only have to share your story—and not a perfect theological script—relieve the pressure?



Apply

Write down your story in three simple parts: What life was like before, how you encountered Jesus, and what is different now. Keep it honest and simple.



Who is Your ONE?

IDENTIFYING YOUR ONE

How can they believe in the one of whom they have not heard? And how can they hear without someone preaching to them? — **Romans 10:14**

It is not enough to know the gospel in here;
we need to speak the gospel out there.
We start by sharing what we know, with who we know.
It begins with ONE.

The Relational Ecosystem

PRAY

Pray daily by name. Ask God to make them aware of Christ's love, reveal their need for Him, and give them the faith to believe.

INVEST

Invest weekly. Build trust and genuine relationship. Look for organic ways to serve them and share Christ's love through your actions.

INVITE

Invite them to go somewhere with you. A coffee chat, an activity, a church event, or ultimately, to a relationship with Jesus. Belonging often precedes believing.

Committing to Your ONE



Discuss

Who is one person in your life (family, friend, neighbour, coworker) who is far from God or disengaged from the church?

What makes it difficult to take the step of inviting someone into your community?



Apply

Take a moment right now. Write down the specific name of your ONE. Share a little about this person with the group so we can begin praying together.

Our Month 4 Commitments




Identify: I have identified my ONE.



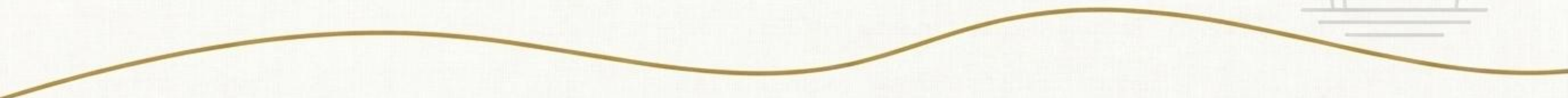
Share: I have shared their name with this LifeGroup for accountability.



Act: I commit to looking for daily ways to Pray, weekly ways to Invest, and the right moment to Invite.



I planted the seed, Apollos watered it, but God has been making it grow. — 1 Corinthians 3:6



Go and Make Disciples

“And surely I am with you always, to the very end of the age.” (Matthew 28:20)

Are you ready to step back and trust God completely with the outcome of your seeds?

Pray together right now as a group over the specific names that were written down today, asking for boldness, gentleness, and open doors.



LIFEGROUP

S V C